



St. Francis Cathedral School of Metuchen

EGG-SAFE MENU Only with documented allergy

**EGG-FREE
STUDENTS MUST
ORDER FROM THIS
MENU ONLY**

- Mondays (M)** All-White Meat Chicken Tenders w/ a Dinner Roll
- Tuesdays (T)** Sabrett All-Beef Hot Dog on a Bun
- Wednesdays (W)** Grilled Chicken Sandwich
- Thursdays (TH)** Cheeseburger on a Bun
- Fridays (F)** Pizza

- Available Daily 1 (AD1)** Thumann's Turkey & Cheese Sandwich
- Available Daily 2 (AD2)** Thumann's Ham & Cheese Sandwich

A Complete Lunch Includes:
Entrée (with Protein/Grain)
Fruit/Vegetable
Milk

Important consideration when deciding to participate in Egg-Safe school lunch offerings:

Pomptonian's staff prepares and cooks a wide variety of meals and does not have separate equipment and space for egg-safe (ES) meal preparation. To minimize the chance for cross-contamination, the ES items that are available for pre-order, are prepared by trained staff with, as per the manufacturer's label, egg-safe ingredients. Pomptonian works with manufacturers with Good Manufacturing Practices; however, foods may be produced in a facility containing known allergens.

*Cut at this line and keep the above menu portion for your reference.
Please submit lunch forms promptly. Late submissions may not be properly recorded.*

"This institution is an equal opportunity provider."

Please use the codes listed above to indicate your selections *for the month* on the order form below and return it by 1 week prior in an envelope to your school cafeteria. **Please be sure to put money on your child's account prior to placing orders.** It is important to go over the menu with your child. If your student is going to be absent on a day that lunch was ordered, please call the Food Service Director at 732-548-0100 EXT 229 between 8:00 & 8:30 a.m. the morning the student is to be absent.

MONTH:	MON	TUE	WED	THU	FRI
Week of:					
Week of:					
Week of:					
Week of:					
Week of:					

STUDENT'S NAME _____

GRADE/TEACHER _____

SCHOOL _____

PARENT/GUARDIAN PHONE # _____

PARENT/GUARDIAN E-MAIL _____

NUMBER OF MEALS SELECTED _____

NOTE TO FREE LUNCH RECIPIENTS: If you plan to participate in the lunch program, you **must** fill out and return this form.

ES