



NOVEMBER 2024

Saint Francis
Elementary School



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| | | | | 1 NO LUNCH SERVICE TODAY |
| 4 Popcorn Chicken & Mashed Potato Bowl with Corn, Gravy & a Dinner Roll | 5 Macaroni & Cheese with a Dinner Roll & Steamed Broccoli | 6 Spaghetti and Meatballs Garden Salad Garlic Bread | 7 Beef Tacos served with Rice and Beans | 8 La Rosa's Pizza with a Tossed Salad |
| 11 Chicken Nuggets OR Plant-Based Nuggets French Fries | 12 Hamburger Or Cheeseburger Sweet Potato Fries | 13 Penne Pasta with Marinara or Pink Sauce Garden Salad Garlic Bread | 14 Maple-Flavored Pancakes with a Turkey Sausage Patty | 15 La Rosa's Pizza with a Tossed Salad |
| 18 Breaded Mozzarella Sticks with Marinara Sauce | 19 Nachos Grande with Pico de Gallo & Rice & Beans | 20 Chicken Tenders with French Fries & a Dinner Roll | 21 Turkey with Gravy, Mashed Potatoes, Local Cranberry Sauce, Braised Local Red Cabbage & a Turkey-Shaped Pretzel | 22 La Rosa's Pizza with a Tossed Salad |
| 25 NO LUNCH SERVICE TODAY | 26 NO LUNCH SERVICE TODAY | 27 NO LUNCH SERVICE TODAY | 28 HAPPY THANKSGIVING | 29 NO SCHOOL |
| | VEGETABLE OF THE MONTH LOCALLY GROWN RED CABBAGE | FRUIT OF THE MONTH LOCALLY GROWN CRANBERRIES | | |

ALSO AVAILABLE DAILY
 Assorted Salads
 Assorted Sandwiches
 Cereal Lunch
 Assorted Bento Boxes
 Pizza Crunchers
 Cheeseburger on a Bun

LOCALLY GROWN RED CABBAGE

LOCALLY GROWN CRANBERRIES

A Complete Lunch Includes:
 Entrée (with Protein/Grain)
Trip to The Farm Stand (students must select at least a serving of fruit or vegetable)
 Milk Choice: 1% White, Skim, or Non-Fat Flavored
Menu Subject to Change
 Your comments are important to us. Please e-mail us at comments@pomptonian.com

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

"This institution is an equal opportunity provider."



At least 80% of All Grains served w/ your meal are Whole Grain Rich