


VERONA HIGH SCHOOL/MIDDLE SCHOOL LUNCH

SEPTEMBER 2024



AVAILABLE DAILY

<p>Monday 2</p>	<p>Labor Day</p>		<p><i>Deli Central</i> Assorted Boar's Head Grab & Go Sandwiches </p>
<p>Tuesday 3</p>	<p>General Tso's Chicken with Rice & Broccoli</p>	<p>Buffalo Chicken Panini topped with Cheddar Cheese</p>	<p>PIZZA ZONE Pizzeria Pizza</p>
<p>Wednesday 4</p>	<p>Pasta with Meatballs & Garlic Bread</p>	<p>Barbecue Chicken Wrap with Cheddar Cheese</p>	<p>AMERICAN GRILLE All-White Meat Chicken Tenders with French Fries Chicken Patty on a Bun with French Fries Cheeseburger on a Bun with French Fries Mozzarella Sticks with Marinara Sauce</p>
<p>Thursday 5</p>	<p>Nacho Bar – Seasoned Taco Meat over Tortilla Chips with Choice of Toppings served with Seasoned Corn</p>	<p>Chicken Parmesan Panini - Breaded Chicken Fillet, Marinara Sauce & Mozzarella Cheese</p>	<p><i>Daily Dish</i> <u>Assorted Vegetarian Options Available Daily</u></p>
<p>Friday 6</p>	<p>Cheesesteak Hero with Peppers & Onions</p>	<p>Chipotle Chicken Wrap with Cheddar Cheese & Bacon</p>	<p>FRESH FARMISTAND Assorted Grab & Go Salad Specials Mixed Fresh Fruit Yogurt Parfait Freshly Baked Cookies</p>



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.
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Monday 9	Sweet & Sour Chicken over Rice with Broccoli	BLT Club Sandwich with Bacon, Lettuce & Tomato	<div style="display: flex; align-items: center;"> <div style="margin-right: 10px;">  </div> <div> <p>Assorted Boar's Head Grab & Go Sandwiches</p>  </div> </div>
Tuesday 10	Two for Tuesday Theme Bar - Two Soft-Shell or Hard-Shell Tacos with Seasoned Taco Meat & Assorted Toppings	Breaded Chicken Fillet Panini with Provolone Cheese & Honey Mustard Dressing	<div style="display: flex; align-items: center;"> <div style="margin-right: 10px;">  </div> <div> <p>Pizzeria Pizza</p> </div> </div>
Wednesday 11	Chicken & Waffles served with Tater Tots	Barbecue Chicken Wrap with Cheddar Cheese	<div style="display: flex; align-items: center;"> <div style="margin-right: 10px;">  </div> <div> <p>All-White Meat Chicken Tenders with French Fries Chicken Patty on a Bun with French Fries Cheeseburger on a Bun with French Fries Mozzarella Sticks with Marinara Sauce</p> </div> </div>
Thursday 12	Chicken Empanadas with Rice, Black Beans & Corn	Chicken Parmesan Panini - Breaded Chicken Fillet, Marinara Sauce & Mozzarella Cheese	<div style="display: flex; align-items: center;"> <div style="margin-right: 10px;">  </div> <div> <p><i>Assorted Vegetarian Options Available Daily</i></p> </div> </div>
Friday 13	Fry Bar Friday – Assorted French Fries with Choice of Assorted Toppings	Chipotle Chicken Wrap with Cheddar Cheese & Bacon	<div style="display: flex; align-items: center;"> <div style="margin-right: 10px;">  </div> <div> <p>Assorted Grab & Go Salad Specials</p> <p>Mixed Fresh Fruit Yogurt Parfait Freshly Baked Cookies</p> </div> </div>



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Monday 16	Chicken & Vegetable Dumplings served with Rice & Broccoli	BLT Club Sandwich with Bacon, Lettuce & Tomato	 Assorted Boar's Head Grab & Go Sandwiches 
Tuesday 17	Celebrate Hispanic Heritage Month with Chilaquiles	Breaded Chicken Fillet Panini with Provolone Cheese & Honey Mustard Dressing	 Pizzeria Pizza
Wednesday 18	National Cheeseburger Day Cheeseburger Deluxe with Lettuce, Tomato & Onion served with French Fries	Barbecue Chicken Wrap with Cheddar Cheese	 All-White Meat Chicken Tenders with French Fries Chicken Patty on a Bun with French Fries Cheeseburger on a Bun with French Fries Mozzarella Sticks with Marinara Sauce
Thursday 19	Chicken Pita Pocket with Homemade Tzatziki Sauce topped with Lettuce, Tomato & Onion	Chicken Parmesan Panini - Breaded Chicken Fillet, Marinara Sauce & Mozzarella Cheese	 <u>Assorted Vegetarian Options Available Daily</u>
Friday 20	Tortellini Alfredo with Grilled Chicken	Chipotle Chicken Wrap with Cheddar Cheese & Bacon	 Assorted Grab & Go Salad Specials Mixed Fresh Fruit Yogurt Parfait Freshly Baked Cookies



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Daily Dish

AMERICAN GRILLE

AVAILABLE DAILY

Monday 23	Lemon Chicken over Rice served with Fresh Broccoli	BLT Club Sandwich with Bacon, Lettuce & Tomato	<p>Deli Central</p> <p>Assorted Boar's Head Grab & Go Sandwiches </p>
Tuesday 24	Homemade Meatloaf w/ Mashed Potatoes and Mixed Vegetables	Breaded Chicken Fillet Panini with Provolone Cheese & Honey Mustard Dressing	<p>PIZZA ZONE</p> <p>Pizzeria Pizza</p>
Wednesday 25	National Quesadilla Day! Chicken Quesadilla with Mexican Street Corn featuring Local Corn on the Cob	Barbecue Chicken Wrap with Cheddar Cheese	<p>AMERICAN GRILLE</p> <p>All-White Meat Chicken Tenders with French Fries Chicken Patty on a Bun with French Fries Cheeseburger on a Bun with French Fries Mozzarella Sticks with Marinara Sauce</p>
Thursday 26	Nacho Bar – Seasoned Taco Meat over Tortilla Chips with Choice of Toppings served with Seasoned Corn	Mixed Green Salad with Grilled Chicken, Locally Grown Gala Apples & Cranberries	<p>Daily Dish</p> <p><i>Assorted Vegetarian Options Available Daily</i></p>
Friday 27	NO SCHOOL	NO SCHOOL	<p>FRESH FARMISTAND</p> <p>Assorted Grab & Go Salad Specials</p> <p>Mixed Fresh Fruit Yogurt Parfait Freshly Baked Cookies</p>

FRUIT OF THE MONTH



LOCALLY GROWN GALA APPLES

FOOD ALLERGIES

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VEGETABLE OF THE MONTH
LOCALLY GROWN CORN ON THE COB

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AVAILABLE DAILY

<p>Monday 30</p>	<p>Shredded Barbecue Pork Sliders with Coleslaw</p>	<p>BLT Club Sandwich with Bacon, Lettuce & Tomato</p>	<div data-bbox="1192 553 1360 673"> <p><i>Deli Central</i></p> </div> <div data-bbox="1396 594 1680 651"> <p>Assorted Boar's Head Grab & Go Sandwiches</p> </div> <div data-bbox="1717 570 1856 664"> </div> <div data-bbox="1192 711 1367 800"> <p>PIZZA ZONE</p> </div> <div data-bbox="1396 737 1566 764"> <p>Pizzeria Pizza</p> </div> <div data-bbox="1192 867 1381 956"> <p>AMERICAN GRILLE</p> </div> <div data-bbox="1396 854 1990 964"> <p>All-White Meat Chicken Tenders with French Fries Chicken Patty on a Bun with French Fries Cheeseburger on a Bun with French Fries Mozzarella Sticks with Marinara Sauce</p> </div> <div data-bbox="1203 997 1367 1117"> <p><i>Daily Dish</i></p> </div> <div data-bbox="1396 1049 1923 1076"> <p><u>Assorted Vegetarian Options Available Daily</u></p> </div> <div data-bbox="1192 1143 1377 1235"> <p>FRESH FARMSTAND</p> </div> <div data-bbox="1396 1170 1818 1198"> <p>Assorted Grab & Go Salad Specials</p> </div> <div data-bbox="1396 1263 1671 1349"> <p>Mixed Fresh Fruit Yogurt Parfait Freshly Baked Cookies</p> </div>



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