



AVAILABLE DAILY

Monday	FOODS ACRO	DSS AMERICA	
Wednesday 1			
Thursday 2	Mac & Cheese w/ Garlic Toast	Chipotle Chicken Panini	
Friday 3	Chicken Bacon Ranch Stromboli	Prosciutto w/ Fresh Mozzarella on French Bread	



Smucker's Peanut Butter & Jelly Uncrustables Assorted Grab & Go Deli Sandwiches

> Fresh Pasta Specials -Don't forget the Garlic Bread! **Yogurt Parfaits Hummus & Chips** Veggie & Protein Boxes



AMERICAN GRILLE

Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries

A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite:

Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza

Tofu & More

Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip



Fruits & vegetables from The Farm Stand are included with lunch. **A complete meal includes:** Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk. All Snacks are in compliance with the State's Guidelines. Menu Subject to Change Your comments are important to us. Please e-mail us at comments@pomptonian.com.



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

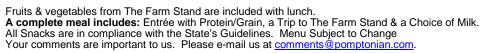




AVAILABLE DAILY

Monday 6	Swedish Meatballs over Noodles	Chicken Bacon Ranch on Foccacia	Deli Central sr	Assorted Grab & Go Deli Sandwiches mucker's Peanut Butter & Jelly Uncrustablor or Visit our Deli Bar!	es
Tuesday 7	Chicken Taquitos w/ Spanish Rice	Bacon Cheeseburger		Fresh Pasta Specials - Don't forget the Garlic Bread! Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes	Daily Dish
Wednesday 8	Kentucky Hot Brown Sandwich	Buffalo Chicken Panini	American Grille	Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries	
Thursday 9	Bacon, Lettuce & Tomato Wrap	Roast Beef w/ Provolone Cheese, Roasted Red Peppers & Au Jus	A Rotation of	f Vegetarian & Vegan Selections Are Avor Pre-Order Your Favorite: Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More	vailable Daily Veggie Dish
Friday 10	Baked Ziti w/ Garlic Bread	Thai Chicken	FRESH FARNISTAND	Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip	







Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.





AVAILABLE DAILY

Monday 13	Chicken Quesadilla	Turkey BLT	De
Tuesday 14	Teriyaki-Glazed Chicken Thighs	Meatball Parmesan	
Wednesday 15	New Mexico Frito Pie	Chicken Salad w/ Local Asian Pear on a Croissant	AME GRIL
Thursday 16	Chicken Avocado Melt on Focaccia w/ Chipotle	Loaded Baked Local Potato Soup in a Bread Bowl	AN
Friday 17	Grilled Cheese Sandwich	Turkey & American Cheese Panini	FR FARN

Deli Central s

Assorted Grab & Go Deli Sandwiches
Smucker's Peanut Butter & Jelly Uncrustables
or Visit our Deli Bar!

Fresh Pasta Specials Don't forget the Garlic Bread!
Yogurt Parfaits
Hummus & Chips
Veggie & Protein Boxes

Daily Dish

American Grille Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries

A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite:

Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More

Veggie Dish

FRESH FARMSTAND Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip







Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.





AVAILABLE DAILY

200			
Monday 20	MINIMUM DAY NO LUNCH SERVICE	I Have a Dream	
Tuesday 21	Chicken Parmesan w/ Pasta	Chili Cheese All-Beef Hot Dog	
Wednesday 22	New York Corned Beef on Rye	New York Potato Knish w/ a Garden Salad	
Thursday 23	Meatloaf w/ Mashed Potatoes & a Vegetable	Mac & Cheese Wedges	
Friday 24	Eggplant Stackers	Chicken Wings	

Smucker's Peanut Butter & Jelly Uncrustables Assorted Grab & Go Deli Sandwiches

> Fresh Pasta Specials -Don't forget the Garlic Bread! **Yogurt Parfaits Hummus & Chips** Veggie & Protein Boxes

AMERICAN GRILLE

Assorted Grab & Go Options including: Chicken Tenders

Popcorn Chicken Fries

A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite:

Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta

> Pizza Tofu & More

Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip



Fruits & vegetables from The Farm Stand are included with lunch.

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk. All Snacks are in compliance with the State's Guidelines. Menu Subject to Change Your comments are important to us. Please e-mail us at comments@pomptonian.com.



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

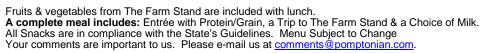




AVAILABLE DAILY

Monday 27	Grilled Chicken Wrap w/ Spinach, Red Peppers, Feta Cheese & Tzatziki Sauce	Double Cheeseburger	Deli Central s	Assorted Grab & Go Deli Sandwiches mucker's Peanut Butter & Jelly Uncrustabl or Visit our Deli Bar! Fresh Pasta Specials -	es :1.
Tuesday 28	Honey Garlic Chicken Breast Panini w/ Sautéed Onions & Mozzarella Cheese	Italian Hero w/ Fresh Mozzarella Chees		Don't forget the Garlic Bread! Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes	Dally Dish
Wednesday 29	Lunar New Year Peking Chicken W/ Fried Rice & Pot Stickers		AMERICAN Chicken Tenders Chicken Tenders Popcorn Chicken Fries A Rotation of Vegetarian & Vegan Selections Are Available Daily		
Thursday 30	Chicken Caesar	Beef Gyro		or Pre-Order Your Favorite: Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More	Veggie Dish
Friday 31	Pulled BBQ Pork	Mac & Cheese w/ Garlic Bread	FRESH FARMSTAND	Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip	







Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.