




WALDWICK MIDDLE/HIGH SCHOOL

January 2025



AVAILABLE DAILY

Monday	<h3>FOODS ACROSS AMERICA</h3> 		<p>Deli Central Assorted Grab & Go Deli Sandwiches Smucker's Peanut Butter & Jelly Uncrustables or Visit our Deli Bar!</p> <p>Fresh Pasta Specials - <i>Don't forget the Garlic Bread!</i> Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes</p> <p>Daily Dish</p> <p>AMERICAN GRILLE Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries</p> <p>A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite: Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More</p> <p>Veggie Dish</p> <p>FRESH FARMISTAND Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip</p>
Tuesday			
Wednesday 1			
Thursday 2	Mac & Cheese w/ Garlic Toast	Chipotle Chicken Panini	
Friday 3	Chicken Bacon Ranch Stromboli	Prosciutto w/ Fresh Mozzarella on French Bread	



Fruits & vegetables from The Farm Stand are included with lunch.
A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk.
 All Snacks are in compliance with the State's Guidelines. Menu Subject to Change
 Your comments are important to us. Please e-mail us at comments@pomptonian.com.



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

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Monday 6	Swedish Meatballs over Noodles	Chicken Bacon Ranch on Foccacia	<p><i>Deli Central</i></p> <p>Assorted Grab & Go Deli Sandwiches Smucker's Peanut Butter & Jelly Uncrustables or Visit our Deli Bar!</p> <p>Fresh Pasta Specials - <i>Don't forget the Garlic Bread!</i> Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes</p> <p>Daily Dish</p> <p>AMERICAN GRILLE</p> <p>Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries</p> <p>A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite: Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More</p> <p>FRESH FARMISTAND</p> <p>Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip</p> <p><i>Veggie Dish</i></p>
Tuesday 7	Chicken Taquitos w/ Spanish Rice	Bacon Cheeseburger	
Wednesday 8	Kentucky Hot Brown Sandwich	Buffalo Chicken Panini	
Thursday 9	Bacon, Lettuce & Tomato Wrap	Roast Beef w/ Provolone Cheese, Roasted Red Peppers & Au Jus	
Friday 10	Baked Ziti w/ Garlic Bread	Thai Chicken	



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Monday 13	Chicken Quesadilla	Turkey BLT	<p>Deli Central Assorted Grab & Go Deli Sandwiches Smucker's Peanut Butter & Jelly Uncrustables or Visit our Deli Bar!</p> <p>Fresh Pasta Specials - <i>Don't forget the Garlic Bread!</i> Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes</p> <p>Daily Dish</p> <p>AMERICAN GRILLE Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries</p> <p>A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite: Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More</p> <p>FRESH FARMISTAND Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip</p> <p>Veggie Dish</p>
Tuesday 14	Teriyaki-Glazed Chicken Thighs	Meatball Parmesan	
Wednesday 15	New Mexico Frito Pie	Chicken Salad w/ Local Asian Pear on a Croissant	
Thursday 16	Chicken Avocado Melt on Focaccia w/ Chipotle	Loaded Baked Local Potato Soup in a Bread Bowl	
Friday 17	Grilled Cheese Sandwich	Turkey & American Cheese Panini	



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<p>Monday 20</p>	<p>MINIMUM DAY NO LUNCH SERVICE</p>		<p><i>Deli Central</i> Assorted Grab & Go Deli Sandwiches Smucker's Peanut Butter & Jelly Uncrustables or Visit our Deli Bar!</p> <p>Fresh Pasta Specials - <i>Don't forget the Garlic Bread!</i> Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes</p> <p>AMERICAN GRILLE Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries</p> <p>A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite: Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More</p> <p>FRESH FARMISTAND Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip</p> <p><i>Daily Dish</i></p> <p><i>Veggie Dish</i></p>
<p>Tuesday 21</p>	<p>Chicken Parmesan w/ Pasta</p>	<p>Chili Cheese All-Beef Hot Dog</p>	
<p>Wednesday 22</p>	<p>New York Corned Beef on Rye</p>	<p>New York Potato Knish w/ a Garden Salad</p>	
<p>Thursday 23</p>	<p>Meatloaf w/ Mashed Potatoes & a Vegetable</p>	<p>Mac & Cheese Wedges</p>	
<p>Friday 24</p>	<p>Eggplant Stackers</p>	<p>Chicken Wings</p>	



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Monday 27	Grilled Chicken Wrap w/ Spinach, Red Peppers, Feta Cheese & Tzatziki Sauce	Double Cheeseburger	<div style="display: flex; flex-direction: column; align-items: flex-start;"> <div style="margin-bottom: 20px;"> <p>Assorted Grab & Go Deli Sandwiches Smucker's Peanut Butter & Jelly Uncrustables or Visit our Deli Bar!</p> </div> <div style="margin-bottom: 20px;"> <p>Fresh Pasta Specials - <i>Don't forget the Garlic Bread!</i> Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes</p> </div> <div style="margin-bottom: 20px;"> <p>Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries</p> </div> <div style="margin-bottom: 20px;"> <p style="color: #008000; font-weight: bold; font-size: 1.1em;">A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite:</p> <p style="margin-left: 20px;">Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More</p> </div> <div> <p>Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip</p> </div> </div>
Tuesday 28	Honey Garlic Chicken Breast Panini w/ Sautéed Onions & Mozzarella Cheese	Italian Hero w/ Fresh Mozzarella Chees	
Wednesday 29	<p style="color: #8B0000; font-weight: bold; font-size: 1.2em;">Lunar New Year</p> <p style="color: #8B0000; font-weight: bold; font-size: 1.1em;">Peking Chicken w/ Fried Rice & Pot Stickers</p>		
Thursday 30	Chicken Caesar	Beef Gyro	
Friday 31	Pulled BBQ Pork	Mac & Cheese w/ Garlic Bread	



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